54 TRIAL DBS SERIES

9 Major Categories 6 Felt Need Issues per Category 6 Studies per Felt Need

Purpose

Because people do not always want to commit to a 16 or 20-week study, we have designed Trial Discovery Bible Studies that ask people to only commit to 6 weeks (or 6 sessions) and are designed with the felt-needs of the group in mind.

Among the 9 Major Categories you will certainly find one that fits your target audience. The point is **not to do all** of these studies like a curriculum. The point is to find **just one** that fits your target group of people and do it for six sessions in order to find who the Person of Peace actually is.

Then you can move into a longer series introducing them to who Jesus is. Nearly all of the Scriptures used in these DBS's are narrative in nature which makes it easier for not-yet believers to enter into discussion and makes is conducive to 'story-telling'. Our desire is to get people quickly into Scripture that's relevant to their lives in order to see who is responding to God.

9 CATEGORIES WITH FELT NEED TOPICS

(each topic has a 6-session DBS series)

MEN

- Masculinity
- Accountability
- Discipleship
- 4. Attitude Adjustment
- 5. Performance Anxiety
- 6. Issues Men Face

WOMEN

- 1. Real Beauty
- 2. When Life is Not a Party
- 3. Being a Godly Woman
- 4. Coping with Change
- 5. Holding Your Own
- 6. Issues Women Face

SINGLES

- 1. Love and Loneliness
- 2. Pressures
- 3. Being a Complete Person
- 4. How to Find a Partner
- 5. Sexuality
- 6. Issues Singles Face

MARRIAGE

- 1. Getting Along at Home
- 2. Balancing Work and Home
- 3. Communication Conflict
- 4. Intimacy
- 5. Spiritually Single
- 6. Miscarriage

PARENTING

- 1. How It's Done
- 2. Family Time
- 3. Strong-willed Children
- 4. Adolescents
- 5. Challenging Issues/Special Needs
- 6. Parents in Pain

YOUTH

- Discovering My Real Identity
- 2. Finding Friends and Fitting In
- 3. What Do | Believe?
- 4. Surviving Day to Day
- 5. Getting Along with My Parents
- 6. Hot Issues for Youth

MARKETPLACE

- 1. Relationships at Work
- 2. Too Much Stress!
- 3. Business Ethics
- 4. Finding the Right Job
- 5. Bored and Burned Out
- 6. Entrepreneurs

SPECIAL NEEDS

- 1. Self-Esteem
- 2. Financial Stress
- 3. Living with Pain
- 4. Caregivers
- 5. Empty Nesters/When the Kids Are Gone
- 6. Growing Older

RECOVERY

- 1. Healthy Habits
- 2. Healing Broken Relationships
- Picking Up After Divorce
- 4. Grief and Loss
- 5. Abuse
- 6. 12 Steps

MEN - MASCULINITY - "I get mixed messages about what a man should be - somewhere between macho and passive. I know Jesus is God, but is he also someone I can look to as the ultimate man?"

2. 3. 4. 5.	The Divine Jesus The Human Jesus The Initiated Jesus The Tough Jesus The Tender Jesus The Triumphant Jesus	"God with us" "Isn't this Joseph's son?" Baptized and tempted Temple cleansing time "Jesus wept" Jesus' death	Matthew 1:18-25 Luke 4:14-30 Matthew 3:13-4:11 Mark 11:12-19 John 11:1-44 Luke 23:44-49
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MEN - ACCOUNTABILITY - "It's about time men got together and got real. I know what's right and what I need to do. I don't need advice, but I do need a group of guys to listen, keep what I say to themselves, and hold me accountable."

2. 3. 4. 5.	Our Need for Others Our Need for Accountability Our Need for Support Our Need for Counsel Our Need for Correction Our Need for Mentoring	Raising the roof for a friend Gehazi caught red-handed David's mighty men Rehoboam needs advice Nathan rebukes David Moses commissions Joshua	Mark 2:1-12 2 Kings 5:1-27 2 Samuel 23:8-23 I Kings 12:1-24 2 Samuel 12:1-14 Numbers 27:12-23
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MEN - DISCIPLESHIP - "Could anyone tell me what it means to be a man of God? I'm tired of pious Jesus talk and Sunday Christians. If I'm going to commit to this, I'm going all the way."

2. 3. 4. 5.	Fighting Spirit Total Commitment Obedience Teachable Spirit Spreading the Word God's Man at Home	David and Goliath The rich young man Abraham's greatest test Peter's stretching vision Don't just stand there "As for me and my house"	I Samuel 17:12-50 Mark 10:17-31 Genesis 22:1-19 Acts 10:1-23 Acts 1:1-11 Joshua 24:1-27
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MEN – ATTITUDE ADJUSTMENT – "Pressure is closing in on me. Too many demands. Not enough time. Money. My job. My kids. My marriage. Things are out of control and getting worse. I can't take this rat race anymore."

4. 5.	Pressures Demands Chaos Blowing It Family Stress Moving On	Three men and a furnace Moses and spoiled Israel Paul and Silas in prison Peter denies Jesus Fractured family Peter steps out of the boat	Daniel 3:1-30 Numbers 11:4-34 Acts 16:16-40 Luke 22:54-62 Luke 15:11-32 Matthew 14:22-33
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MEN – PERFORMANCE ANXIETY – "I constantly feel like my job is on the line. I'm always afraid I'm not measuring up. Even when I'm home I worry about work."

2. 3. 4. 5.	Who Is the Boss? What's My Responsibility? What's God's Responsibility? Working for Tyrants Worry is Overwhelming	Workers in the vineyard Parable of the talents God fights Gideon's battle Bricks and straw Moses under stress Abram gives Lot a choice	Matthew 20:1-16 Matthew 25:14-30 Judges 7:1-25 Exodus 5:1-21 Exodus 5:22-6:12 Genesis 13:1-18
6.	Being Content	Aprain gives Lot a choice	00110210101

MEN - ISSUES MEN FACE - "There are some things I need to talk about, although it won't be easy. I'm sure other guys fight the same battles. We just don't tell each other. I think I'm ready to talk."

1.	Opening Up	A Pharisee and a tax collector	Luke 18:9-14
	Fatal Attraction	David and Bathsheba	2 Samuel 11:1-27
	My Dark Side	Dirty dancing	Mark 6:14-29
	My Doubts	I believe, help my unbelief	Mark 9:14-29
	Authority Figures	King Saul fails badly	I Samuel 13:1-15
	Spiritual Responsibility	Eli: A failure at home	l Samuel 2:12-26

WOMEN – REAL BEAUTY – "It's a constant battle! My hair, my shape and my clothes are never quite right. I know I don't need to measure up to the glamorous stereotype, but where can I find a role model for real beauty?"

2. 3. 4. 5.	I Don't Measure Up Struggle to Stay in Shape Keeping Up My Image Finding My Own Style Staying Focused	Amazing affirmation Leah and Rachel Queen of Sheba Stylish love Wealthy woman focused	John 7:53-8:11 Genesis 29:31-30:24 I Kings 10:1-13 Luke 7:36-50 2 Kings 4:8-37
	Achieving Real Beauty	Mary's song	Luke 1:39-56

WOMEN – WHEN LIFE IS NOT A PARTY – "I never thought my life would be like this. I've had so many disappointments and unfulfilled expectations. I try so hard, but things just don't go the way I've hoped. What am I doing wrong?"

1.	Where's The Romance?	Rachel and Leah	Genesis 29:1-30
	Grown Up, and Doing This?	Swallowing pride	Jonah 1:1-17
	Where's My Dream House?	The house built on rock	Matthew 7:24-29
	Where's My Dream Family?	Rebekah tricks Isaac	Genesis 27:1-40
	Weren't We Best Friends?	Hagar's favor turns sour	Genesis 16:1-16
	No More Goodbyes!	Mary must say goodbye	John 20:1-18

WOMEN – BEING A GODLY WOMAN – "What does God want me to be like? How can I apply what the Bible says about women to real life today?"

1.	Seeking God's Truth	Queen of Sheba	l Kings 10:1-13
	Using My Gifts	Priscilla	Acts 18:1-4,18-28
	Caring for Others	Shunammite woman	2 Kings 4:8-37
	Being Bold, Yet Wise	Esther	Esther 4:6-17; 7:1-10
	Trusting God in the Unknown	Ruth	Ruth 1:1-22
	Giving God the Glory	Mary, mother of Jesus	Luke 1:39-56

WOMEN – COPING WITH CHANGE – "My head is spinning. Last year we moved. I went back to work. My youngest child is starting school. Can somebody throw me a life jacket to survive all the emotions that go along with change?"

1.	My Changing Relationships	Ruth chooses a new family	Ruth 1:1-22
	My Changing Home	Abram and Sarai on the move	Genesis 11:27-12:9
	My Changing Career	First disciples called	Luke 5:1-11
	My Changing Children	Mary's changing child	Luke 2:41-52
	My Changing Age	Sarah receives a promise	Genesis 18:1-15
	My Changing Spiritual Life	Woman gets "living water"	John 4:7-30

WOMEN - HOLDING YOUR OWN - "I feel like I'm giving and always giving in. I want to be a giving person, but I have needs too. How and when do I speak up for myself?"

2. 3. 4. 5.	Servanthood vs. Setting Limits Caring for Myself Speaking Up A Strong Woman	Jesus mourns with friends Mary chooses not to serve Accepting help from others Esther speaks for her people Deborah guides Israel Jesus at peace in the temple	John 11:1-44 Luke 10:38-42 Exodus 18:1-27 Esther 4:6-17; 7:1-10 Judges 4:1-24 Luke 2:41-52
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WOMEN - ISSUES WOMEN FACE - "I wish I could talk to other women about some things I can't escape. Like questions and feelings about career vs. family. About roles at home and in the community. And issues that require trust to even bring up."

2. 3. 4. 5.	To Work or Not to Work What About Submission? My Role in the Community Can I Love Too Much? Why Didn't God Help? Recovering from Abuse	Lydia the businesswoman One flesh Priscilla's gift Learning not to do it all Amnon rapes Tamar Jesus heals a bleeding woman	Acts 16:11-15 Genesis 2:4-25 Acts 18:1-4, 18-28 Exodus 18:1-27 2 Samuel 13:1-22 Mark 5:24-34
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SINGLES - LOVE AND LONELINESS - "I often go for days without a hug or meaningful conversation. Sometimes singleness is like being a social leper. How can I deal with this isolation?"

 I Don't Fit Anywhere My Need for a Loving Touch My Need for Communication My Need for Companionship Busyness vs. Loneliness Making the Most of My Life 	Elijah in the wilderness A touching act Early connections God provides a companion Jesus' life of balance Lydia: a servant open to God	1 Kings 19:1-18 Luke 7:36-50 Acts 2:42-47 Genesis 2:4-25 Mark 1:29-39 Acts 16:11-15
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SINGLES - PRESSURES - "Panic attack . . . Dirty laundry. Leaking plumbing. Broken car. Checkbook a disaster. Health problems. I'm a capable person, but how can I survive on my own?"

 Making My Own Living Coping with Crisis Dealing with My Health Managing My Finances Dealing with Family Issues Handling My Emotions 	Widow become salesperson Joseph stands under pressure Jesus heals a long sickness Making the most of what I have God supports Hagar Paul's vision brings comfort	2 Kings 4:1-7 Genesis 39:1-23 John 5:1-15 Matthew 25:14-30 Genesis 21:1-21 Acts 18:5-17
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SINGLES – BEING A COMPLETE PERSON – "Jesus was single. Is it possible God wants me to remain single for life? How can he call singleness a 'gift'? Couldn't I serve him better with a partner? How can I be 'whole' for him now as a single?"

SINGLES – HOW TO FIND A PARTNER – "The singles bar is a drag... but the church scene isn't much better. I'm about ready to give up on a real relationship and forget the whole dating game."

1.	Where Should I Look?	Isaac looks for love	Genesis 24:1-29,50-67
2.	Staying Disciplined	Samson loses control	Judges 14:1-20
3.	Finding the Right Fit	Priscilla and Aquila	Acts 18:1-4,18-28
4.	Making Myself "Right"	Solomon desires God's best	I Kings 3:1-28
5.	What About My Fears?	Gideon overcomes his fears	Judges 6:1-40
6.	When God Says "Wait"	Jacob and Rachel wait	Genesis 29:1-30

SINGLES – SEXUALITY – "The whole world tells me to do it. God gave me these desires. What does he expect me to do with them? Is there anyone out there who struggles with the stuff I struggle with?"

1.	Are My Desires Normal?	David is tempted	2 Samuel 11:1-27
2.	What Are God's Standards?	Nathan rebukes David	2 Samuel 12:1-14
3.	Isn't Sex an Act of Love?	"Love" takes over Samson	Judges 16:1-22
4.	How Long Can I Wait?	Jacob puts in his time	Genesis 29:1-30
5.	What If I've Made Mistakes?	Jesus forgives a prostitute	Luke 7:36-50
6.	Dealing with My Frustrations	A greater power for Elisha	2 Kings 6:8-23

SINGLES - ISSUES SINGLES FACE - "What kinds of friends do I look for? How do I keep from being burned again? Should I live in community or alone? Should I go back to school or volunteer overseas? What does God want me to do?

1.	Whom to Pick for Friends	David's friendship of character	l Samuel 20:1-42
2.	When to Risk with Others	Seventy-seven times	Matthew 18:21-35
3.	Where to Live	Israel's cloud of guidance	Numbers 9:15-10:36
4.	How to Spend My Life	The Good Samaritan	Luke 10:25-37
5.	Where to Use My Talents	David in Saul's service	I Samuel 16:14-23
6.	What About the Future?	Noah waits on God	Genesis 8:1-22

MARRIAGE - GETTING ALONG AT HOME - "We don't have a bad relationship, but why isn't marriage more fun? I want to be my spouse's best friend - as well as lover. How can I do a better job of living with the one I married?"

1.	In Good Times and Bad	Isaac and Rebekah;1 st love	Genesis 24:1-29,50-67
2.	Love, Honor and Cherish	Ruth and Boaz; mutual respect	Ruth 2:1-23
3.	'Til Death Do Us Part	Jacob and Rachel; worth the wa	it Genesis 29:1-30
4.	Serving One Another	Footwashing; whose job is it?	John 13:1-17
5.	Friends	Adam and Eve; one flesh	Genesis 2:4-25
6.	And Lovers	Celebrate difference!	Song of Songs 6:13-8:4

MARRIAGE - BALANCING WORK AND HOME - "We both have so many demands for our time and energy. How can we give our best to our work without it coming at the expense of our family? I don't want to lose what we're supposed to be working for!"

1.	Teammates	Adam and Eve; one flesh	Genesis 2:4-25
2.	Roommates	Martha in the kitchen	Luke 10:38-42
3.	Work and Stress	Workers in the vineyard	Matthew 20:1-16
4.	Stress management	Jesus deals with demands	Mark 1:29-39
5.	Serving Each Other	Footwashing	John 13:1-17
6.	Faithful and Fulfilled	Priscilla and Aquila work together	Acts 18:1-4,18-28

MARRIAGE - COMMUNICATION CONFLICT - "Whether it's how to guard an evening or how to spend our income - we have a different point of view. How can we relate to each other in a way that pulls us together instead of apart?"

1	Power of Commitment	Joseph marries Mary	Matthew 1:18-25
2	Power of Words	David and Michal: cutting words	2 Samuel 6:1-23
	Acting on Impulse	Abram, Sarai and Hagar	Genesis 16:1-16
	Dealing with Conflict	Abraham and Sarah disagree	Genesis 21:1-21
	Pulling Apart	Adam and Eve blame each other	Genesis 3:1-24
	Pulling Together	Mutual respect	Ephesians 5:22-6:9

MARRIAGE - INTIMACY - "The world exalts sex as the ultimate high. But we both have different needs. We'd like more romance and sizzle in our love life. How does God want us to enjoy this gift?"

3. 4.	God's Gift Sharing Yourself The Rhythm of Romance Only You Sensitive Sex	Delighting in love Wooing words Absence grows love Can't keep my eyes off you Celebrate difference!	Song of Songs 1:1-14 Song of Songs 1:15-2:15 Song of Songs 2:16-3:11 Song of Songs 5:9-6:9 Song of Songs 6:13-8:4
-	Committed Love	The power of love	Song of Songs 8:5-14

MARRIAGE – SPIRITUALLY SINGLE – "Since we've been married, my husband won't come to church with me. I want our children to grow up with Christian teaching, but he doesn't back me up. How can I please God and my husband?"

1	Don't Give Up	A household conversion	Acts 16:16-40
	God's Love and Ours	Abraham pleads for Sodom	Genesis 18:16-33
	Putting Things in God's Hands		Genesis 22:1-19
	Who's Number 1?	Take a warning from Solomon	l Kings 10:23-11:13
	God is at Work	Praying for Peter in prison	Acts 12:1-19
6.	Your Spiritual Family	Mary and John at the cross	John 19:16-27

MARRIAGE - MISCARRIAGE - "It tears me up to walk past the baby's room. Now I wish we hadn't gotten so excited and made so many plans. I'm dying inside, and I've got to talk to someone who has gone through this."

2. 3. 4. 5.	When Life Falls Apart Shattered Dreams Marital Stress Releasing the Pain God Cares Life Goes On	Job's life collapses Elisha and a grieving woman Jacob and Rachel under stress Hannah pours out her soul Jesus weeps over death David pleads, then accepts	Job 1:1-22 2 Kings 4:8-37 Genesis 29:31-30:24 I Samuel 1:1-28 John 11:1-44 2 Samuel 12:15-25
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MARRIAGE – HOW IT'S DONE – "I got into parenting before I was ready. Other people make it sound so easy. My mother just laughs. My grandmother says everything will be okay. But I'm trying to raise my kids without a map. Please help."

2. 3. 4. 5.	Preparation Dedication Expectations Confrontation Consecration Celebration	Mary and Joseph become parents Jesus presented in the temple A mother's high hopes Eli's failure to restore his sons Abraham's greatest test Homecoming party	Luke 2:1-20 Luke 2:21-40 Matthew 20:20-28 I Samuel 3:1-21 Genesis 22:1-19 Luke 15:11-32
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PARENTING – FAMILY TIME – "We want to create memories as a family. Will our kids remember their childhood in a way that feels good to them and honors God?"

1.	Proper Priorities	God commands a day off	Exodus 16:1-35
2.	Time Together	Supper time	John 13:1-17
3.	Family Traditions	Passover: a family ritual	Exodus 12:1-30
4.	Family Vacations	A "vacation" with 5000 surprises	Mark 6:30-44
5.	Worshiping Together	The fellowship of believers	Acts 2:42-47
6.	Lasting Values	Stones of memorial	Joshua 3:14-4:24

PARENTING – STRONG-WILLED CHILDREN – "My daughter always wants to paint outside the lines. She is really a good kid, and I love her a lot, but I don't know what to do. How do you raise a child who was born with a strong will?"

1.	Where Are My Instructions?	Jesus was a strong-willed child	Luke 2:41-52
2.	Born to Be Wild	The devil made me do it	Genesis 3:1-24
3.	Necessary Discipline	Eli: a parent who failed	I Samuel 3:1-21
4.	Dealing with Anger	Moses faces his critics	Numbers 11:4-34
5.	When the Kids Drive You Crazy	Little Jacob grabs for power	Genesis 25:19-34
6.	Happy Endings	Jacob's strength comes through	Genesis 32:22-32

PARENTING – ADOLESCENTS – "My teenager is about to drive me crazy. The music. Posters. Clothes. It's outrageous! We can't even talk about it without shouting. How can we make it through adolescence?!"

1.	Stressful Times	Trouble in the family	Luke 15:11-32
2.	Confusing Times	When Jesus didn't come home	Luke 2:41-52
3.	Angry Times	The golden calf	Exodus 32:1-35
4.	Decisions, Decisions!	Samson's dating dilemma	Judges 14:1-20
5.	A Parent's Responsibility	Eli's failure to restrain his sons	I Samuel 3:1-21
6.	Getting Along	Joseph: a kid with an 'attitude'	Genesis 37:1-11

PARENTING - CHALLENGING ISSUES, SPECIAL NEEDS - "God have me a very special child. Now, I need the wisdom to raise this child. I feel somewhat alone and nobody understands."

1.	Adopted Children	Moses: an adopted child	Exodus 1:22-2:25
2.	Children of Divorce	Ishmael: Rejected and dejected	Genesis 21:1-21
3.	Single-Parent Children	Double blessing for a single parent	l Kings 17:1-24
4.	Children with Disabilities	Why was he born blind?	John 9:1-34
5.	Gifted Children	Jesus perplexes his parents	Luke 2:41-52
6.	Substitute Parents	Esther: raised by a relative	Esther 2:1-18

PARENTING - PARENTS IN PAIN - "Where did we go wrong? I never dreamed our son would make the choices he has. Didn't our values sink in at all? And how do we relate to him now? What should or shouldn't we say to him?"

1.	Sharing Your Story	Prodigal: a parable of pain	Luke 15:11-32
2.	Coping with Grief	Eli and his wayward sons	l Samuel 2:12-26
3.	Dealing with Disappointment	Chaos in David's family	2 Samuel 13:23-39
4.	Knowing How to Relate	David longs for Absalom	2 Samuel 14:1-33
5.	Feeling Their Pain	Peter disowns Jesus	Luke 22:54-62
6.	Believing in Miracles	Jesus forgives Peter	John 21:1-25

YOUTH – DISCOVERING MY REAL IDENTITY – "I know I'm good at some things and no so good at others. I don't want to be weird, but I do want to be myself. What makes me unique? How can I be all that I was meant to be?"

1.	Being Real	A Pharisee and a tax collector	Luke 18:9-14
2.	My Uniqueness	Zacchaeus	Luke 19:1-10
	My Personality	Mary and Martha	Luke 10:38-42
	My Abilities	Using your 'talents'	Matthew 25:14-30
	Strengths and Weaknesses	Gideon's fears	Judges 6:1-40
	God's Call	Following Jesus	Luke 5:1-11

YOUTH - FINDING FRIENDS AND FITTING IN - "I always feel out of place. It's so hard to fit in. I don't want to come off like I'm either shy or obnoxious. Can I be myself and still have friends?"

YOUTH – WHAT DO I BELIEVE? – "I've done the church thing. It's easy to let all that teaching go in one ear and out the other. I think it's time to know what I really believe, and really believe what I already know."

1.	God the Father Almighty	Maker of heaven and earth	Genesis 1:1-2:3
	Jesus Christ	An angel visits Mary	Luke 1:26-38
_	Holy Spirit	The Spirit shakes things up	Acts 4:1-31
	Christian Church	The cost in "being there"	Acts 4:32-37
	Forgiveness of Sins	Jesus: my substitute	Mark 15:1-15
	Resurrection and Life	A new day dawns	Matthew 28:1-20

YOUTH – SURVIVING DAY TO DAY – "I have to buy my own clothes. Beg people for a ride. Make a C average in school just to stay on the team. Everybody's on my back. And my best friend didn't call tonight. Life stinks."

4. Feeling Alone 5. Dealing with Disappointment Jesus is betrayed and arrested Mark 12 Matthew 26 Matthew 26	
6. Facing Failure Peter disowns Jesus Luke 22	2.54-62

YOUTH – GETTING ALONG WITH PARENTS – "In my parents' eyes, I can't do anything right. I don't look right, act right, study right, spend money right or pick friends right. As long as I'm still at home, will I always be wrong?"

YOUTH - HOT ISSUES FOR YOUTH - "My friend is pregnant. Another is talking about suicide. What do I do? School is a jungle. People get beat up. Drugs are everywhere. If my parents knew what I have to face every day, they would freak out!"

1.	Life in the Jungle	Jesus is tempted	Matthew 3:13-4:11
2.	Loose Morals	David and Bathsheba	2 Samuel 11:1-27
3.	Hidden Secrets	David - you are the man!	2 Samuel 12:1-14
4.	Don't Get Used	Dirty Dancing	Mark 6:14-29
5.	Just Say No	Daniel stays 'clean'	Daniel 1:1-21
6.	Take a Stand	Daniel in the lion's den	Daniel 6:1-24

MARKETPLACE – RELATIONSHIPS AT WORK – "I don't know which is worse – working under someone or supervising others. I've done both and either way I've been frustrated. How can I get along with the people I work with?"

1.	Life with My Co-workers	Who is greatest?	Mark 10:35-45
2.	Life with My Boss	David spares Saul	I Samuel 24:1-22
3.	Life as a Supervisor	Boaz lets Ruth glean	Ruth 2:1-23
4.	Life with my Competitors	Elisha deals in strength & grace	2 Kings 6:8-23
	Letting God Be the Boss	Gideon takes orders from God	Judges 7:1-25
6.	Letting the Spirit Guide Me	Paul follows the Lord's lead	Acts 18:5-17

MARKETPLACE - TOO MUCH STRESS! - "The stress I'm under every day is incredible. Deadlines, projects, personnel - plus home and family. If I don't find a way to release some of this pressure, I'm gonna crack!"

-1.	Stress From My Work	Calm for the storm	Mark 4:35-41
2.	Stress on the Job	Sexual harassment	Genesis 39:1-23
3.	Stress in a Secular World	Abraham pleads for Sodom	Genesis 18:16-33
4	Stress From a Changing World	Tower of Babel	Genesis 11:1-9
5.	Balancing Work and Rest	Jesus feeds 5000	Mark 6:30-44
6	Keeping Stress Under Control	Moses gets a grip	Exodus 17:1-16

MARKETPLACE – BUSINESS ETHICS – "It sounds easy to succeed in the business world, but how many 'shortcuts' am I prepared to make? Is it really possible to do the right thing in regards to other people and still get ahead?"

1.	Life of Integrity	Job loses it all	Job 1:1-22
2.	Lack of Integrity	Ananias and Sapphira	Acts 5:1-11
3.	Values of Integrity	Rich fool faces regret	Luke 12:13-21
4.	Integrity and Conscience	Parable of the shrewd manager	Luke 16:1-15
5.	Integrity and Authority	Paying taxes to Caesar	Mark 12:13-17
6.	Rewards of Integrity	Job receives just reward	Job 42:7-17

MARKETPLACE - FINDING THE RIGHT JOB - "For years I felt like I was in over my head. Then I didn't even have a job for a while. And now I'm overqualified and unfulfilled! Will I ever be content?"

1.	Overqualified	Jesus takes a job beneath him	John 13:1-17
2.	Over My Head	Moses asked to do too much	Exodus 18:1-27
3.	Laid Off	Joseph loses his job	Genesis 37:12-36
4.	Unemployed	Moses called in the desert	Exodus 3:1-22
	Unfulfilled	Bored as a brickmaker	Exodus 5:1-21
6.	Finding My Passion	Paul's passion revealed	Acts 16:1-32

MARKETPLACE - BORED AND BURNED OUT - "My job is like a broken record. The same thing over and over. By 10 a.m. I'm already tired. By noon, I'm ready to go home. Is it me... or my work? Maybe I need an attitude adjustment."

1	Why Work?	A bedridden paralytic	John 5:1-15
	Why Am I Here?	Philip does productive networking	Acts 8:26-40
	Where Am I Heading?	Abram's call to move out	Genesis 11:27-12:9
	How Can God Use Me?	Peter's windfall	Luke 5:1-11
	How's My Attitude	Trouble on the horizon	Jonah 1:1-17
	To Stay or to Go?	Gideon seeks God's guidance	Judges 6:1-40

MARKETPLACE - ENTREPRENEURS - "I was excited to start my own business, but now I'm not sure. Rather than working when I want to, I'm working all the time. It's a huge investment. Will my dream become a nightmare?"

 Ri Pa Fo Pu 	isking My Reputation aying the Price orfeiting My Stability	Jacob leaves Laban Laban pursues Jacob Jacob's financial & emotional toll Jacob wrestles with God Jacob's slow going Jacob returns to Bethel	Genesis 31:1-21 Genesis 31:22-55 Genesis 32:1-21 Genesis 32:22-32 Genesis 33:1-20 Genesis 35:1-15
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SPECIAL NEEDS – SELF-ESTEEM – "No matter what others do to show their love for me, I just can't seem to accept it. People say that since God created me I'm special. I want to believe that, but I'm having a hard time feeling it."

SPECIAL NEEDS – FINANCIAL STRESS – "My house isn't paid for. And I've got all these other loans to pay off. And now these credit card bills. How did I get myself into this mess? I could ask a relative for a loan, but I would rather die than admit I've blown it. What do I do?"

2.	Hard Times Facing the Stress Taking Responsibility Tough Decisions	Hitting bottom Jesus faces pressure Parable of the talents Parable of the shrewd manager	Luke 15:11-32 Luke 4:14-30 Matthew 25:14-30 Luke 16:1-15
	Mutual Aid	Believers share their possessions Ad	
6.	In God We Trust	The widow's oil	2 Kings 4:1-7

SPECIAL NEEDS - LIVING WITH PAIN - "I feel like I'm dragging a ball and chain around with me. How can I deal each day with the pain I'm in, plus the guilt I feel for being such a burden to others?"

2. 3. 4. 5.	Where is God When I Hurt? Pain and Blame Pain and Shame Pain and Comfort Pain and Perspective	The pool paralytic Why was he born blind? Jesus heals an 'unclean' woman Four friends who cared The suffering of Job Parable of the persistent widow	John 5:1-15 John 9:1-34 Mark 5:24-34 Mark 2:1-12 Job 2:1-10 Luke 18:1-8
6.	Pain and Persistence	Parable of the persistent widow	Luke 18:1-8

SPECIAL NEEDS – CAREGIVERS – "I want to help any way I can, but their constant demands are so draining on me. How can I care for others without burning out myself?"

1.	Taking a Break	Manna and the Sabbath	Exodus 16:1-35
2.	Dealing with Demands	Moses gets weary	Exodus 17:1-16
3.	Sharing the Load	Moses decides to delegate	Exodus 18:1-27
4.	Setting Limits	Mary chooses what's better	Luke 10:38-42
5.	Surviving the Stress	Jesus withdraws to pray	Mark 1:29-39
6.	Heeding the Call	The sheep and the goats	Matthew 25:31-46

SPECIAL NEEDS – EMPTY NESTERS-WHEN THE KIDS ARE GONE – "I guess I wasn't prepared for the kids being gone. It's like part of my identity went with them. I feel like it's halftime and a whole new strategy needs to be made for the second half of life."

1.	Tough Times	Naomi: a bitter empty nester	Ruth 1:1-22
2.	New Perspective	Naomi gets a grandson	Ruth 4:1-22
3.	Looking Ahead	Parable of the rich fool	Luke 12:13-21
4.	Hearing God	The call of Abram	Genesis 11:27-12:9
5.	Investing Yourself	Moses and the burning bush	Exodus 3:1-22
6.	Taking Risks	Peter steps out of the boat	Matthew 14:22-33

SPECIAL NEEDS – GROWING OLDER – "Others may say I'm too old, but I want to feel like the best is yet to come! How can I look back with gratitude, and look ahead by passing on to someone else what I've learned?"

1.	Faith Journey	The call of Abram	Genesis 11:27-12:9
2.	Never Too Old	Noah builds a boat	Genesis 6:5-7:12
3.	The Power of Blessing	Simeon and Anna bless Jesus	Luke 2:21-40
4.	Leaving a Legacy	Moses commissions Joshua	Numbers 27:12-23
5.	Looking Back	Remembering God's faithfulness	Joshua 23:1-16
6.	Looking Ahead	Jesus raises Lazarus	John 11:1-44

RECOVERY – HEALTHY HABITS – "I've read so many books. I've tried so many diets and exercise plans. They either don't work or I don't stick with them. I hate what I've become and I can't stand to look at myself in the mirror. What do I do? I feel like giving up."

1.	Frustrations	The disciples in Gethsemane	Mark 14:32-42
2.	Healthy Habits	Daniel's discipline	Daniel 1:1-21
3.	Living in Balance	Enough manna for each day	Exodus 16:1-35
4.	A Matter of Control	Israelites crave other food	Numbers 11:4-34
5.	Don't Give Up	Children of Israel turn back	Numbers 13:26-14:45
6.	Consistent and Persistent	The walls of Jericho	Joshua 5:13-6:21

RECOVERY - HEALING BROKEN RELATIONSHIPS - "My family and I have hurt each other in the past. That's why I turned my back on them. But time is running out and in my heart I want to try to make things right. But I'm afraid and need some help."

1.	l Have a Dream	Parable of the Prodigal Son	Luke 15:11-32
2.	Heart's Desire	Longing for reconciliation	2 Samuel 14:1-33
3.	Called to Reconcile	The unmerciful servant	Matthew 18:21-35
4.	Taking the Initiative	Joseph reaches out	Genesis 45:1-28
5.	Anxious Anticipation	Jacob prepares to meet Esau	Genesis 32:1-21
6.	Homecoming	Jacob and Esau reunited	Genesis 33:1-20

RECOVERY – PICKING UP AFTER DIVORCE – "The divorce is final, but I still feel numb. On the outside, things haven't changed that much. But on the inside, it's another matter. I feel lost. Alone with my anger. How can I ever start to heal?"

7.	The Death of a Dream	Naomi: empty and bitter	Ruth 1:1-22
	Dealing with Anger	Cain and Abel	Genesis 4:1-26
	Taking the High Road	The unmerciful servant	Matthew 18:21-35
	Lost Identity	Jesus heals an 'unclean' woman	Mark 5:24-34
11.	God Cares	Elijah and a single mother	l Kings 17:1-24
12.	Hope for Healing	On the road to Emmaus	Luke 24:13-35

RECOVERY – GRIEF AND LOSS – "Since he died, I've felt like half of me died too. Why did he die and leave me so alone? I keep waking up in the night, thinking he's there. What stages do I have to go through to get some relief?"

14. 15.	Denial Anger Bargaining Depression	Elisha and a woman in denial Naomi: empty and bitter David "bargains" with God Jacob mourns for Joseph	2 Kings 4:8-37 Ruth 1:1-22 2 Samuel 12:15-25 Genesis 37:12-36
	Acceptance	The suffering of Job	Job 2:1-10
	Норе	Jesus raise Lazarus	John 11:1-44

RECOVERY – ABUSE – "The hardest thing I ever did was share my darkest secret. Now that I've dared to open up the wound, what can I do to heal the pain? I know I'm not alone, but who can help me through this?"

1.	Expressing Emotion	Tamar raped by her half-brother	2 Samuel 13:1-22
2.	No More Shame	Jesus heals an 'unclean' woman l	Mark 5:24-34
3.	Matters of the Heart	The unmerciful servant	Matthew 18:21-35
4.	You're Not Alone	God speaks to Elijah	1 Kings 19:1-18
5.	Walking in Love	David spares Saul	1 Samuel 24:1-22
6.	Hope for Healing	On the road to Emmaus	Luke 24:13-35

RECOVERY – 12 STEPS – "I'm hooked, and this thing is stronger than I am. I know I need a 'Higher Power' and I know that 'Higher Power' is God. How can God help me break the stranglehold of this addiction?"

1.	Going Beyond Denial	A Pharisee and a tax collector	Luke 18:9-14
2.	Naming the Higher Power	Elijah and the prophets of Baal	1 Kings 18:16-40
	Coming to God	A possessed man set free	Luke 8:26-39
	Confession	Josiah's reform	2 Kings 23:1-25
5.	Making Amends	Zacchaeus makes things right	Luke 19:1-10
	An Addiction-Free Lifestyle	Crossing the Red Sea	Exodus 14:5-31